

21 DAYS OF PRAYER AND FASTING
DEVELOPING DEPTH WITH GOD: *SEEKING THE LORD FOR ENCOUNTER AND BREAKTHROUGH*

“We must begin to believe that God, in the mystery of prayer, has entrusted us with a force that can move the heavenly world, and can bring its power down to earth.” – Andrew Murray

WHEN: August 7-27, we will meet each night at Sanctuary to pray together from 6-7PM

WHO: We invite ALL to join in this time of prayer and fasting including friends of Sanctuary.

WHAT: Mark your calendar for the corporate prayer meetings you will join during the 21 Days. Maybe you will be able to do Monday/Wednesday/Friday, maybe you will do all the days. Ask God to show you what to do, mark your calendar and do your best to follow through. Cultivate the SECRET PLACE of prayer as well. Set a daily time of private prayer and do your best to keep it up for 21 days. Try to schedule one full hour to be alone with Jesus each day. Remember what Corrie Ten Boom said, *“Don’t pray when you feel like it. Have an appointment with the King and keep it.”*

HOW: Fast in the way God leads you to do. Fasting is denying your flesh of something(s) for spiritual reasons. Fasting is saying, “I want YOU more than THIS God.” Ask the Holy Spirit to show you what to give up so that you can let go of things and take hold of the deeper things of God. If you are new at fasting food, it may be good to start with a Daniel Fast (see the Sanctuary website). We do not recommend anyone under 18 fasting foods without explicit parental consent and involvement. We do not recommend fasting food if you have ever struggled with health in the area of food/dieting/diabetes, etc., unless you get clearance from your doctor. Sometimes fasting media, movies, social media, gaming, desserts, etc., can be the most effective thing for a fast. Pray and ask the Holy Spirit to show you what to fast. If you desire counsel, contact any one of the elders or pastors for insight.

THE PURPOSE OF THIS FAST: Developing Depth with God by Pursuing His Presence and Being Transformed. We will pray through the Lord’s Prayer together.

1. WEEK 1 FOCUS: Develop Deeper Adoration and Love for God through Prayer &

Worship: *“Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as it is in Heaven...” (Matthew 6:9-10).*

a. Ask the Holy Spirit to give fresh REVELATION of Jesus:

- i. Job said, “I have heard of You by the hearing of the ear, but now my eye sees You” (Job 42:5).
- ii. “I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. ¹⁸I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, ¹⁹and

his incomparably great power for us who believe. That power is the same as the mighty strength ²⁰ he exerted when he raised Christ from the dead and seated him at his right hand in the heavenly realms, ²¹ far above all rule and authority, power and dominion, and every name that is invoked, not only in the present age but also in the one to come” (Ephesians 1:17-21).

- iii. Yet a time is coming and has now come when the true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks. ²⁴ God is spirit, and his worshipers must worship in the Spirit and in truth.” John 4:23-24

b. Ask for the Fear of the Lord to Increase in our Hearts

- i. “Teach me your way, LORD, that I may rely on your faithfulness; give me an undivided heart, that I may fear your name” (Psalm 86:11).
- ii. “The fear of the LORD is the beginning of wisdom, and knowledge of the Holy One is understanding” (Proverbs 9:10).
- iii. “Indeed, if you call out for insight and cry aloud for understanding, ⁴ and if you look for it as for silver and search for it as for hidden treasure, ⁵ then you will understand the fear of the Lord and find the knowledge of God” (Proverbs 2:3-5).

2. WEEK 2 FOCUS: Develop Deeper Purity of Heart through Repentance and Forgiveness:

“And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation but deliver us from the evil one. For if you forgive other people when they sin against you, your heavenly Father will also forgive you. ¹⁵ But if you do not forgive others their sins, your Father will not forgive your sins” (Matthew 6:14-15).

a. Ask for the Spirit to reveal areas of unforgiveness and empower us to forgive.

- i. See Matthew 18
- ii. Luke 6:42 How can you think of saying, ‘Friend, let me help you get rid of that speck in your eye,’ when you can’t see past the log in your own eye? Hypocrite! First get rid of the log in your own eye; then you will see well enough to deal with the speck in your friend’s eye.

3. WEEK 3 FOCUS: Develop Deeper Experiences of God through a Fresh Baptism of the Holy Spirit: “Your kingdom come, your will be done on earth as it is in Heaven...” (Matthew 6:10).

a. Ask for the Holy Spirit

- i. So, I say to you: Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. ¹⁰ For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened. ¹¹ “Which of you fathers, if your son asks for ^[a] a fish, will give him a snake instead? ¹² Or if he asks for an egg, will give him a

scorpion? ¹³ If you then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give the Holy Spirit to those who ask him!" (Luke 11:9-12).

b. Ask for the tangible Presence of Jesus to INCREASE in our Midst & for Sanctuary to be His House of Prayer.

- i. "Again, truly I tell you that if two of you on earth agree about anything they ask for, it will be done for them by my Father in heaven. For where two or three gather in my name, there am I with them" (Matthew 18:19-20).
- ii. "My house shall be called the house of prayer" (Matthew 21:13).
- iii. "The trumpeters and musicians joined in unison to give praise and thanks to the Lord. Accompanied by trumpets, cymbals and other instruments, the singers raised their voices in praise to the Lord and sang: "He is good; his love endures forever." Then the temple of the Lord was filled with the cloud, ¹⁴ and the priests could not perform their service because of the cloud, for the glory of the Lord filled the temple of God" (2 Chronicles 5:13-14).